

, 21 - 24 2020

12
22.01.2020 - 10:45

, 400m

		12 +: 4:05.00 / 9 +: 5:50.00		10 +: 4:17.50 /		I		9 +: 4:34.00 /		II		9 +: 5:09.00 /			
		/				FINA		100m		200m		300m		400m	
1.			02			4:08.07	698		1:00.88	1:02.89	1:02.62	1:01.68			
	50m:			150m:		250m:			350m:						
	100m:	1:00.88		200m:	2:03.77	300m:	3:06.39		400m:	4:08.07					
2.			03			4:11.84	667		1:01.00	1:02.74	1:03.93	1:04.17			
	50m:	29.65	29.65	150m:	1:32.30	31.30	250m:	2:35.74	32.00	350m:	3:40.77	33.10			
	100m:	1:01.00	31.35	200m:	2:03.74	31.44	300m:	3:07.67	31.93	400m:	4:11.84	31.07			
3.			96			4:18.85	614 I		1:02.71	1:07.52	1:06.42	1:02.20			
	50m:	30.23	30.23	150m:	1:36.36	33.65	250m:	2:43.55	33.32	350m:	3:48.72	32.07			
	100m:	1:02.71	32.48	200m:	2:10.23	33.87	300m:	3:16.65	33.10	400m:	4:18.85	30.13			
4.			03			- 4:21.65	595 I		1:02.54	1:06.94	1:07.59	1:04.58			
	50m:	30.19	30.19	150m:	1:35.94	33.40	250m:	2:43.36	33.88	350m:	3:49.76	32.69			
	100m:	1:02.54	32.35	200m:	2:09.48	33.54	300m:	3:17.07	33.71	400m:	4:21.65	31.89			
5.			01			4:22.49	589 I		1:02.13	1:06.40	1:07.47	1:06.49			
	50m:	30.25	30.25	150m:	1:35.14	33.01	250m:	2:42.30	33.77	350m:	3:50.01	34.01			
	100m:	1:02.13	31.88	200m:	2:08.53	33.39	300m:	3:16.00	33.70	400m:	4:22.49	32.48			
6.			03			4:23.71	581 I		1:04.02	1:08.39	1:08.57	1:02.73			
	50m:	30.52	30.52	150m:	1:38.39	34.37	250m:	2:46.37	33.96	350m:	3:52.81	31.83			
	100m:	1:04.02	33.50	200m:	2:12.41	34.02	300m:	3:20.98	34.61	400m:	4:23.71	30.90			
7.			04			4:26.01	566 I		1:03.12	1:09.04	1:08.17	1:05.68			
	50m:	29.31	29.31	150m:	1:37.57	34.45	250m:	2:45.94	33.78	350m:	3:52.98	32.65			
	100m:	1:03.12	33.81	200m:	2:12.16	34.59	300m:	3:20.33	34.39	400m:	4:26.01	33.03			
8.			03			4:27.46	557 I		1:01.54	1:09.57	1:08.80	1:07.55			
	50m:	28.98	28.98	150m:	1:36.02	34.48	250m:	2:44.43	33.32	350m:	3:54.33	34.42			
	100m:	1:01.54	32.56	200m:	2:11.11	35.09	300m:	3:19.91	35.48	400m:	4:27.46	33.13			
9.			04			4:28.17	552 I		1:03.18	1:08.04	1:09.52	1:07.43			
	50m:	30.18	30.18	150m:	1:36.80	33.62	250m:	2:46.18	34.96	350m:	3:56.22	35.48			
	100m:	1:03.18	33.00	200m:	2:11.22	34.42	300m:	3:20.74	34.56	400m:	4:28.17	31.95			
10.			02			4:28.21	552 I		1:03.70	1:07.57	1:09.35	1:07.59			
	50m:	30.38	30.38	150m:	1:36.82	33.12	250m:	2:45.41	34.14	350m:	3:55.25	34.63			
	100m:	1:03.70	33.32	200m:	2:11.27	34.45	300m:	3:20.62	35.21	400m:	4:28.21	32.96			
11.			04			4:30.69	537 I		1:04.42	1:08.62	1:09.72	1:07.93			
	50m:	30.51	30.51	150m:	1:38.42	34.00	250m:	2:47.77	34.73	350m:	3:57.43	34.67			
	100m:	1:04.42	33.91	200m:	2:13.04	34.62	300m:	3:22.76	34.99	400m:	4:30.69	33.26			
12.			03			4:32.78	525 I		1:03.78	1:10.42	1:10.47	1:08.11			
	50m:			150m:		250m:			350m:						
	100m:	1:03.78		200m:	2:14.20	300m:	3:24.67		400m:	4:32.78					
13.			01			- 4:34.20	516 II		1:03.98	1:10.14	1:10.86	1:09.22			
	50m:	30.52	30.52	150m:	1:38.98	35.00	250m:	2:49.56	35.44	350m:	4:00.23	35.25			
	100m:	1:03.98	33.46	200m:	2:14.12	35.14	300m:	3:24.98	35.42	400m:	4:34.20	33.97			
14.			03			4:37.71	497 II		1:06.04	1:12.01	1:11.76	1:07.90			
	50m:	31.40	31.40	150m:	1:41.88	35.84	250m:	2:53.71	35.66	350m:	4:04.24	34.43			
	100m:	1:06.04	34.64	200m:	2:18.05	36.17	300m:	3:29.81	36.10	400m:	4:37.71	33.47			
15.			04			4:38.21	494 II		1:07.69	1:11.85	1:10.27	1:08.40			
	50m:	32.00	32.00	150m:	1:43.34	35.65	250m:	2:54.08	34.54	350m:	4:04.64	34.83			
	100m:	1:07.69	35.69	200m:	2:19.54	36.20	300m:	3:29.81	35.73	400m:	4:38.21	33.57			
16.			05			4:40.68	482 II		1:06.63	1:11.62	1:12.33	1:10.10			
	50m:	32.06	32.06	150m:	1:42.40	35.77	250m:	2:53.96	35.71	350m:	4:06.75	36.17			
	100m:	1:06.63	34.57	200m:	2:18.25	35.85	300m:	3:30.58	36.62	400m:	4:40.68	33.93			

, 21 - 24 2020

12,		, 400m				FINA		100m	200m	300m	400m
17.			02			4:41.62	477 II				
	50m:			150m:		250m:		350m:			
	100m:			200m:		300m:		400m:	4:41.62		
18.			04			4:42.10	474 II	1:06.45	1:12.10	1:12.74	1:10.81
	50m:	31.42	31.42	150m:	1:42.49	36.04	250m:	2:54.87	36.32	350m:	4:07.89
	100m:	1:06.45	35.03	200m:	2:18.55	36.06	300m:	3:31.29	36.42	400m:	4:42.10
19.			03			4:42.25	474 II	1:05.92	1:11.60	1:11.91	1:12.82
	50m:	30.82	30.82	150m:	1:41.39	35.47	250m:	2:52.71	35.19	350m:	4:06.13
	100m:	1:05.92	35.10	200m:	2:17.52	36.13	300m:	3:29.43	36.72	400m:	4:42.25
20.			04			4:42.28	473 II	1:05.87	1:12.34	1:13.11	1:10.96
	50m:			150m:			250m:		350m:		
	100m:	1:05.87		200m:	2:18.21		300m:	3:31.32	400m:	4:42.28	
21.			04			4:46.84	451 II	1:05.02	1:12.51	1:15.37	1:13.94
	50m:	30.60	30.60	150m:	1:40.85	35.83	250m:	2:54.75	37.22	350m:	4:10.65
	100m:	1:05.02	34.42	200m:	2:17.53	36.68	300m:	3:32.90	38.15	400m:	4:46.84
22.			02			4:48.60	443 II	1:05.22	1:13.56	1:15.32	1:14.50
	50m:	31.00	31.00	150m:	1:41.14	35.92	250m:	2:56.06	37.28	350m:	4:11.24
	100m:	1:05.22	34.22	200m:	2:18.78	37.64	300m:	3:34.10	38.04	400m:	4:48.60
23.			05			4:48.77	442 II	1:07.39	1:12.62	1:14.79	1:13.97
	50m:			150m:			250m:		350m:		
	100m:	1:07.39		200m:	2:20.01		300m:	3:34.80	400m:	4:48.77	
24.			05			4:50.10	436 II				
	50m:			150m:			250m:		350m:		
	100m:			200m:			300m:		400m:	4:50.10	
25.			03			4:50.51	434 II	1:08.66	1:15.48	1:15.00	1:11.37
	50m:	32.17	32.17	150m:	1:46.05	37.39	250m:	3:02.00	37.86	350m:	4:16.41
	100m:	1:08.66	36.49	200m:	2:24.14	38.09	300m:	3:39.14	37.14	400m:	4:50.51
26.			04			4:51.04	432 II				
	50m:			150m:			250m:		350m:		
	100m:			200m:			300m:		400m:	4:51.04	
27.			04			4:51.84	428 II	1:08.06	1:14.89	1:15.50	1:13.39
	50m:	32.17	32.17	150m:	1:45.39	37.33	250m:	3:00.62	37.67	350m:	4:16.01
	100m:	1:08.06	35.89	200m:	2:22.95	37.56	300m:	3:38.45	37.83	400m:	4:51.84
28.			04			4:58.19	401 II	1:08.62	1:17.33	1:18.77	1:13.47
	50m:	1:47.37	1:47.37	150m:	3:05.60	1:56.98	250m:	4:22.01	1:56.06	350m:	
	100m:	1:08.62		200m:	2:25.95		300m:	3:44.72		400m:	4:58.19
29.			04			5:01.30	389 II	1:08.69	1:16.45	1:18.90	1:17.26
	50m:	32.41	32.41	150m:	1:46.14	37.45	250m:	3:04.45	39.31	350m:	4:22.88
	100m:	1:08.69	36.28	200m:	2:25.14	39.00	300m:	3:44.04	39.59	400m:	5:01.30
30.			05			5:02.78	383 II	1:08.76	1:17.95	1:20.03	1:16.04
	50m:	31.60	31.60	150m:	1:47.39	38.63	250m:	3:06.54	39.83	350m:	4:25.57
	100m:	1:08.76	37.16	200m:	2:26.71	39.32	300m:	3:46.74	40.20	400m:	5:02.78
31.			03			5:04.06	379 II	1:01.09	1:23.04	1:20.38	1:19.55
	50m:	27.98	27.98	150m:	1:43.43	42.34	250m:	3:04.25	40.12	350m:	4:25.18
	100m:	1:01.09	33.11	200m:	2:24.13	40.70	300m:	3:44.51	40.26	400m:	5:04.06
32.			05			5:12.73	348 III	1:13.64	1:19.76	1:21.32	1:18.01
	50m:	34.93	34.93	150m:	1:53.33	39.69	250m:	3:13.97	40.57	350m:	4:35.31
	100m:	1:13.64	38.71	200m:	2:33.40	40.07	300m:	3:54.72	40.75	400m:	5:12.73
33.			04			5:22.12	318 III	1:08.68	1:19.95	1:26.11	1:27.38
	50m:	32.28	32.28	150m:	1:48.03	39.35	250m:	3:11.62	42.99	350m:	4:38.67
	100m:	1:08.68	36.40	200m:	2:28.63	40.60	300m:	3:54.74	43.12	400m:	5:22.12
34.			05			5:32.39	290 III	1:13.98	1:27.57	1:27.24	1:23.60
	50m:	33.21	33.21	150m:	1:57.55	43.57	250m:	3:25.18	43.63	350m:	4:51.65
	100m:	1:13.98	40.77	200m:	2:41.55	44.00	300m:	4:08.79	43.61	400m:	5:32.39

, 21 - 24 2020

12, , 400m													
		/				FINA		100m		200m		300m 400m	
35.			05	-	5:34.43	284	III	1:17.51	1:25.44	1:27.43	1:24.05		
	50m:		150m:		250m:				350m:				
	100m:	1:17.51	200m:	2:42.95	300m:	4:10.38			400m:	5:34.43			
DSQ			04				II						
(17-18)													
1.			02		4:08.07	698		1:00.88	1:02.89	1:02.62	1:01.68		
	50m:		150m:		250m:				350m:				
	100m:	1:00.88	200m:	2:03.77	300m:	3:06.39			400m:	4:08.07			
2.			03		4:11.84	667		1:01.00	1:02.74	1:03.93	1:04.17		
	50m:	29.65	29.65	150m:	1:32.30	31.30	250m:	2:35.74	32.00	350m:	3:40.77	33.10	
	100m:	1:01.00	31.35	200m:	2:03.74	31.44	300m:	3:07.67	31.93	400m:	4:11.84	31.07	
3.			03	-	4:21.65	595	I	1:02.54	1:06.94	1:07.59	1:04.58		
	50m:	30.19	30.19	150m:	1:35.94	33.40	250m:	2:43.36	33.88	350m:	3:49.76	32.69	
	100m:	1:02.54	32.35	200m:	2:09.48	33.54	300m:	3:17.07	33.71	400m:	4:21.65	31.89	
4.			03		4:23.71	581	I	1:04.02	1:08.39	1:08.57	1:02.73		
	50m:	30.52	30.52	150m:	1:38.39	34.37	250m:	2:46.37	33.96	350m:	3:52.81	31.83	
	100m:	1:04.02	33.50	200m:	2:12.41	34.02	300m:	3:20.98	34.61	400m:	4:23.71	30.90	
5.			03		4:27.46	557	I	1:01.54	1:09.57	1:08.80	1:07.55		
	50m:	28.98	28.98	150m:	1:36.02	34.48	250m:	2:44.43	33.32	350m:	3:54.33	34.42	
	100m:	1:01.54	32.56	200m:	2:11.11	35.09	300m:	3:19.91	35.48	400m:	4:27.46	33.13	
6.			02		4:28.21	552	I	1:03.70	1:07.57	1:09.35	1:07.59		
	50m:	30.38	30.38	150m:	1:36.82	33.12	250m:	2:45.41	34.14	350m:	3:55.25	34.63	
	100m:	1:03.70	33.32	200m:	2:11.27	34.45	300m:	3:20.62	35.21	400m:	4:28.21	32.96	
7.			03		4:32.78	525	I	1:03.78	1:10.42	1:10.47	1:08.11		
	50m:		150m:		250m:				350m:				
	100m:	1:03.78	200m:	2:14.20	300m:	3:24.67			400m:	4:32.78			
8.			03		4:37.71	497	II	1:06.04	1:12.01	1:11.76	1:07.90		
	50m:	31.40	31.40	150m:	1:41.88	35.84	250m:	2:53.71	35.66	350m:	4:04.24	34.43	
	100m:	1:06.04	34.64	200m:	2:18.05	36.17	300m:	3:29.81	36.10	400m:	4:37.71	33.47	
9.			02		4:41.62	477	II						
	50m:		150m:		250m:				350m:				
	100m:		200m:		300m:				400m:	4:41.62			
10.			03		4:42.25	474	II	1:05.92	1:11.60	1:11.91	1:12.82		
	50m:	30.82	30.82	150m:	1:41.39	35.47	250m:	2:52.71	35.19	350m:	4:06.13	36.70	
	100m:	1:05.92	35.10	200m:	2:17.52	36.13	300m:	3:29.43	36.72	400m:	4:42.25	36.12	
11.			02		4:48.60	443	II	1:05.22	1:13.56	1:15.32	1:14.50		
	50m:	31.00	31.00	150m:	1:41.14	35.92	250m:	2:56.06	37.28	350m:	4:11.24	37.14	
	100m:	1:05.22	34.22	200m:	2:18.78	37.64	300m:	3:34.10	38.04	400m:	4:48.60	37.36	
12.			03	-	4:50.51	434	II	1:08.66	1:15.48	1:15.00	1:11.37		
	50m:	32.17	32.17	150m:	1:46.05	37.39	250m:	3:02.00	37.86	350m:	4:16.41	37.27	
	100m:	1:08.66	36.49	200m:	2:24.14	38.09	300m:	3:39.14	37.14	400m:	4:50.51	34.10	
13.			03		5:04.06	379	II	1:01.09	1:23.04	1:20.38	1:19.55		
	50m:	27.98	27.98	150m:	1:43.43	42.34	250m:	3:04.25	40.12	350m:	4:25.18	40.67	
	100m:	1:01.09	33.11	200m:	2:24.13	40.70	300m:	3:44.51	40.26	400m:	5:04.06	38.88	